



RAJBAGH

A HOLISTIC WELLNESS RETREAT

REVAMP NATURALLY



www.rajbaghwellness.com

WELLNESS IS NOT A DESTINATION; IT S A WAY OF LIFE.

Rajbagh offers a transformative wellness experience designed to rejuvenate the body, mind, and soul. Surrounded by nature's tranquillity, the center combines traditional healing practices with modern wellness therapies, providing a holistic approach to well-being.

Inspired by the regal architecture of Udaipur, Rajbagh Wellness showcases a stunning façade that symbolizes a gateway to tranquillity and well-being. The vibrant heritage of Rajasthan is celebrated through intricate handicrafts, rich fabrics, and ornate detailing, which is reflected in the room décor and art displayed throughout the property. A seamless blend of tradition and luxury, Rajbagh offers unparalleled services with a holistic approach to wellness.

THE RETREAT FEATURES

20 exquisitely designed rooms and suites ensure a personalized and intimate experience for each guest.



Therapy block at the wellness centre, which is spacious and offers customised holistic therapies for various health issues.



Swimming pool, Yoga pavilion, and Pyramid for meditation



Holistic therapy and fitness centre, combining ancient Healing traditions with modern therapies with world-class facilities.



The wellness programs at Rajbagh, A Holistic Wellness Retreat are designed to focus on the physical, mental, and emotional wellness of an individual.

Rajbagh is an idyllic sanctuary for those seeking **health** and **rejuvenation** in the heart of Udaipur.

OUR HEALING APPROACH

NATUROPATHY

Therapeutic Packs
Balneotherapy
Lifestyle Counselling

Fomentation Massage
Vibro-Massage
Manipulative Therapy

Fasting / Detox Therapy
Chromo Therapy

AYURVEDA

Udwartanam
Marma Therapy
Vasti
Dhyanamla Dhara

Abhyangam
Patra Pinda Sweda
Avagaha Sweda
Pizhichil

Sarvanga Lepam
Shirodhara
Takradhara
Chavutti Uzhichil

YOGA & DIVINE HEALING

Power Yoga
Therapeutic Yoga
Aqua Yoga

Shatkriya
Guided Meditation
Agnihotram

Mantra Chanting
Shankha Prakshalanam
Poorna & Laghu

HOLISTIC THERAPIES

Acupuncture
Physiotherapy
Deep Tissue Therapy

Hot Stone Therapy
Raaga Therapy
Crystal Healing / Chakra

Balancing
Relaxopod

HYDROTHERAPY

Mineral Bath
Herbal Enema

Colon Hydro Therapy

Herbal Immersion Bath



AT RAJBAGH WELLNESS, WE ADDRESS A WIDE RANGE OF CHRONIC AND LIFESTYLE DISORDERS.

RESPIRATORY DISORDERS

Asthma	Sinusitis	Allergic Bronchitis
Emphysema	Pulmonary Fibrosis	

GASTROINTESTINAL DISORDERS

Constipation	Fatty Liver	Hyperacidity
IBS (Irritable Bowel Syndrome)	Indigestion & Gastritis	GERD (Gastroesophageal Reflux Disorder)

MUSCULOSKELETAL DISORDERS

Osteoarthritis	Rheumatoid Arthritis	Cervical Spondylosis
Lumbago	Gout	Sciatica

ENDOCRINE DISORDERS

Obesity	Osteoporosis	Type 2 Diabetes
Hypothyroidism	PCOD	

LIFESTYLE DISORDERS

Preventive Cardiac Care	Anxiety & Depression	Skin Disorders
Women's Health Issues (Pre & Post Menopause)	De-Addiction & Rehabilitation (Selective Cases)	

OUR INTEGRATIVE APPROACH HELPS RESTORE BALANCE, VITALITY, AND LONG-TERM WELL-BEING.



WELLNESS PACKAGES

EXPERIENCE RAJBAGH (2 Days)	WHOLESOME DETOX (5 Days)	DETOX & REJUVENATE (7 Days)
	IMMUNITY ENHANCEMENT (7 Days)	



HEALING PACKAGES

HEALTHY WEIGHT MANAGEMENT (14 Days)	DIABETES MANAGEMENT (14 Days)	HORMONE REBALANCE (14 Days)
ARTHRITIS & PAIN RELIEF (14 Days)	HYPERTENSION MANAGEMENT (14 Days)	THYROID CARE (14 Days)
	REVERSE AGEING (21 Days)	CANCER REHABILITATION (21 Days)



STAY WHERE COMFORT MEETS TRANQUILITY

Thoughtfully designed rooms that support rest, privacy, and your path to wellness. Experience spaces that blend modern comfort with serene surroundings.

Each crafted to complement your healing journey at Rajbagh.

EVEREST

Our most premium stay, featuring elegant décor, a private plunge pool, and a terrace with breathtaking views.



HIMALAYAS

Spacious and serene rooms with a private plunge pool on the balcony, perfect for relaxation and quiet reflection.



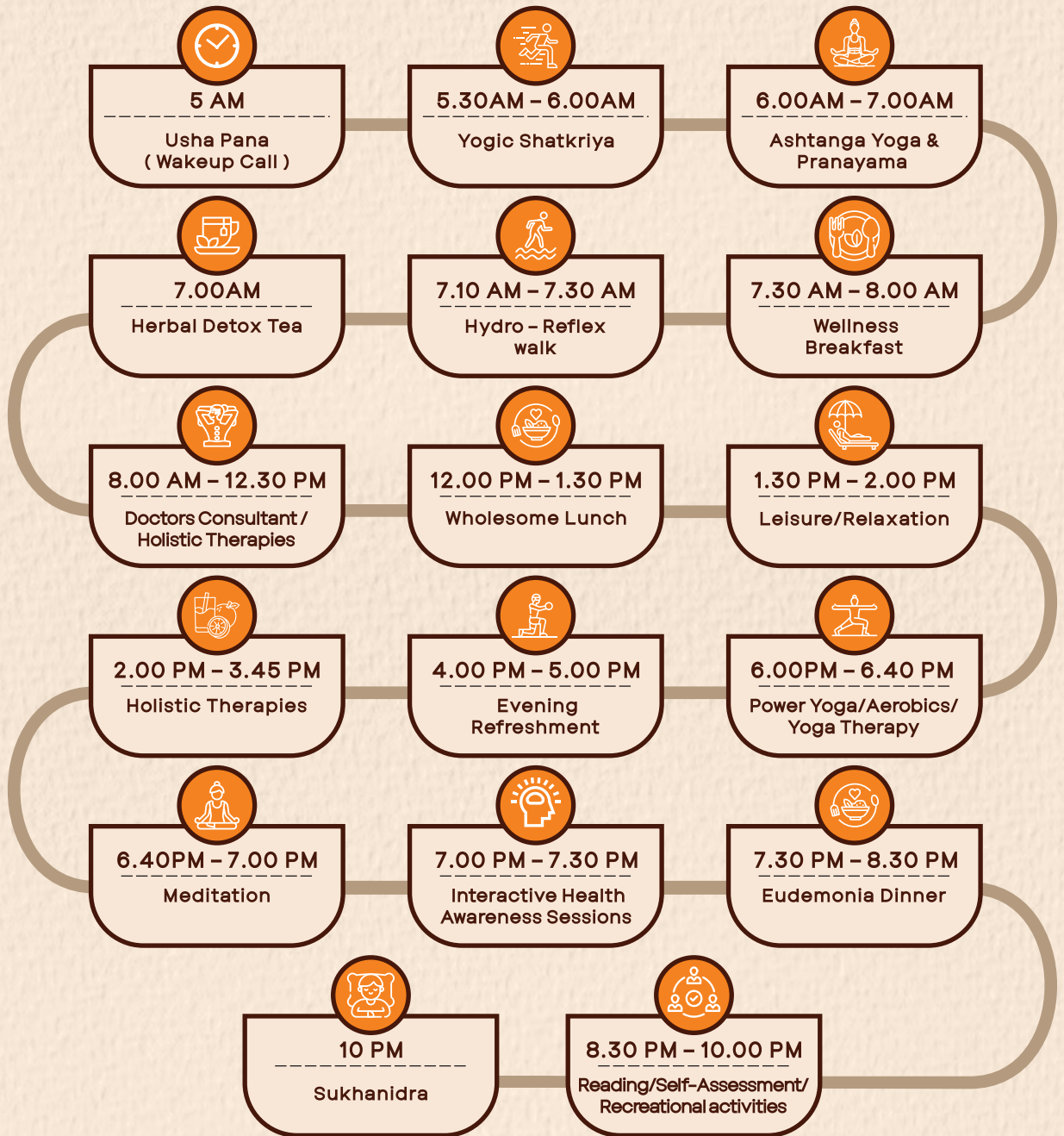
ARAVALLI

These rooms offer calming interiors and lush green views from a private balcony.



A DAY AT RAJBAGH

Dinacharya (Daily Routine)



RETURN TO NATURE



RAJBAGH
A HOLISTIC WELLNESS RETREAT

RAJBAGH - A HOLISTIC WELLNESS RETREAT

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SCAN FOR LOCATION

